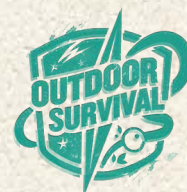




Inme summer camps are outdoor and adventure-based camps set in nature that build confidence in a child. The Coorg explore program is a week-long experience run at our Coorg campus. The program provides a mix of adventure and learning to open a child's mind to do things they could not imagine.

In 2021 summer, this program will have limited capacity. And all participants will take part in the adventure activities under the care of trained outdoor instructors.

There are three activities offered on the program - Rock Climbing, Ropes Course, and Outdoor Survival. Participants experience all activities.



Code	Age-Group	Departure	Arrival
C1	13-15 yrs	06 April	12 April
C2	11-13 yrs	12 April	18 April
C3	11-13 yrs	18 April	24 April

Cost: Rs. 34,900



CAMPUS AND AREA

Our campus in Honey Valley Estate, Coorg lies within coffee, cardamom and pepper plantations. The surrounding areas are biological hotspots recognised by UNESCO. Rock climbing faces, trekking and cycling routes and a ropes course have been created within the estate.



Location: 27 kms from Virajpet, Karnataka.

TRAVEL

From Bengaluru:

Departure: 06:00 am (report by 5:15 am)
Army Public School, Kamaraj Road, Bengaluru, by luxury AC buses. Arrival at campus by lunch.



Return to Bengaluru:

Arrival: 10:30 pm at Army Public School, Kamaraj Road, Bengaluru.

WEATHER

Summer temperatures range from 12°C to 20°C. Afternoons tend to get a little hot. We may experience rain sometimes.



ACCOMMODATION

In dormitories - separate for boys and girls. Usually 4-6 children stay in a dormitory, with camping mats and sleeping bags provided by us.



TOILETS

The campus has built up toilets and baths. Toilets have WCs and hand faucets. Baths have running water and fittings and hot water is provided.



INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio.
Instructors include a mix of female and male instructors.
A resident doctor is available at all times on the campus.



FOOD

The campus has a fully functional kitchen. Wholesome nourishing meals are prepared by trained staff. The spread is largely vegetarian with option of eggs for breakfast and non-vegetarian dinners 2-3 times on the program. Other than breakfast, lunch and dinner, snacks and refreshments are served at appropriate times with emphasis on hydration.



FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercise a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



TYPICAL DAY ON THE PROGRAM

- 6:00 am** **Wake Up:** Enjoy a hot cup of milk/tea/coffee with biscuits.
- 7:00 am** **Elastic Limbs:** Power up for the day!
- 8:00 am** **Breakfast:** Enjoy a delicious breakfast to gain energy.
- 9:00 am** **Wonderful Outdoor World (WOW)**
Participants take part in their outdoor activities.
- 1:00 pm** **Lunch:** Nutritious and much needed lunch awaits the adventurers once they return to the campus after their outdoor experience.
- 1:30 pm** **Free Wheeling Time** to freshen up and relax.
- 2:30 pm** **Cool Time**
Participants engage in different activities focussed on action, awareness and attitude. A mix of fun and learning activities takes the experience beyond outdoors and adventure.
- 5:00 pm** **Tea Time** Milk, tea and snacks up the energy levels.
- 5:30 pm** **Cool Time**
Continue with cool time with a change of activities. This time is also be used for activity de-brief, group sharing session and personal reflection.
- 7:30 pm** **Soup Time**
- 8:00 pm** **Dinner** The much-awaited dinner caps off a power packed day for all.
- 9:00 pm** **Lights off**
Get into your sleeping bags as the day's weariness starts to kick in. Slip into a golden-slumber and wake up fresh for another exciting adventurous day.

