

KAYAK N MORE

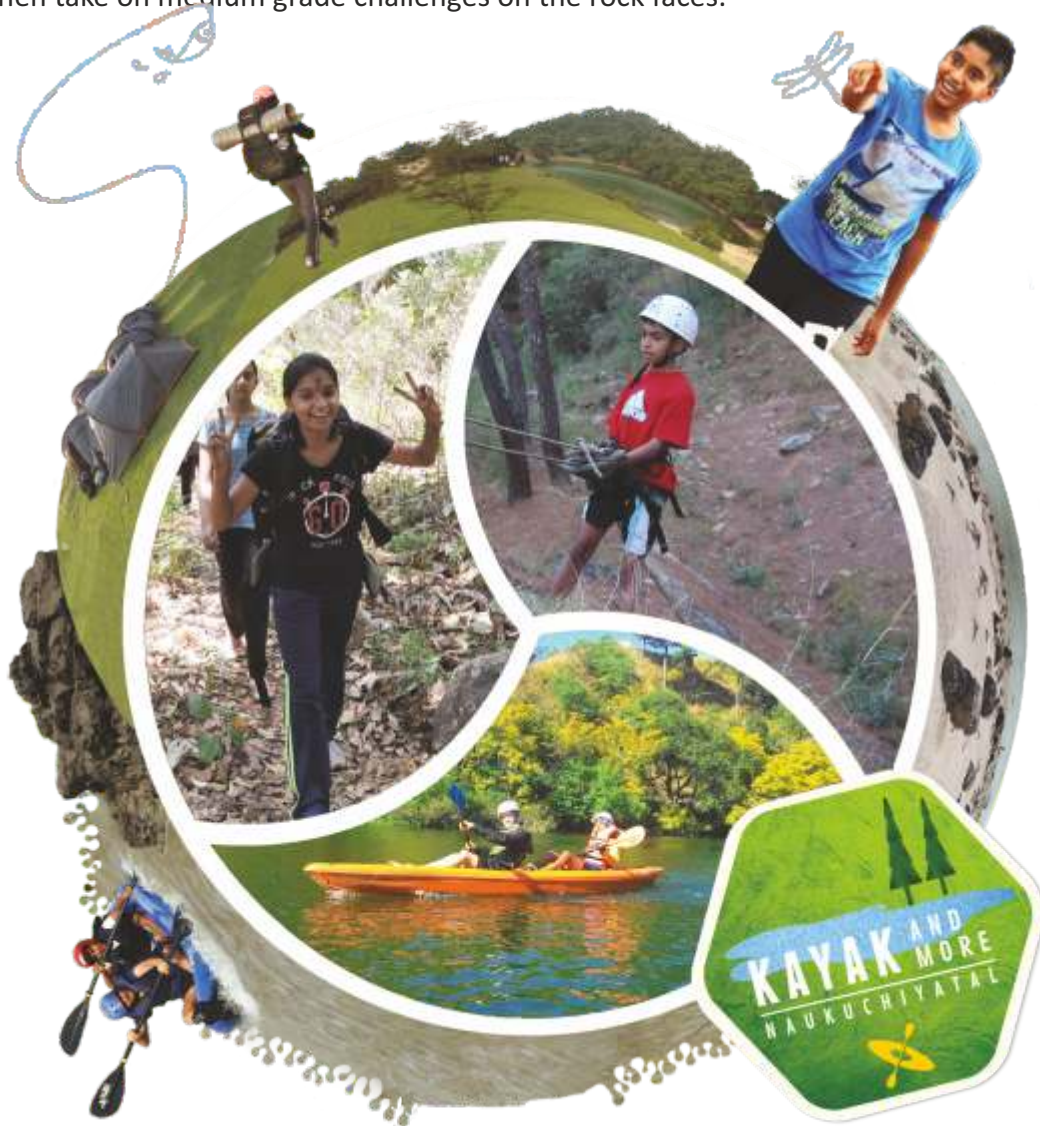
NAUKUCHIYATAL



Kayak 'n' More is a multi-discipline program that includes Flatwater Kayaking, Rock Climbing and Back Packing. This program is designed for our younger participants as an introduction to kayaking. It may be physically more demanding than our on campus programs in Yercaud and Uroli. This multi-discipline program is ideal for participants who have had some exposure to the outdoors previously.

This thrilling experience is set in the quaint and picturesque lake town of Naukuchiyatal in the Kumaon region of Uttarakhand. The program covers the three activities for two days each.

We use both inflatable and hard shell kayaks to add variety to the experience. Trained and experienced guides supervise the sessions. The Back Packing module includes an overnight trek and camp out. The participants then take on medium grade challenges on the rock faces.



11
TO
14
YEARS

**LAKE
SIDE**

CAMPUS

NAUKUCHIYATAL

7
DAYS

**FLATWATER
KAYAKING**

ROCK CLIMBING

BACKPACKING

**MEDIUM
LEVEL OF
DIFFICULTY**

**BEAUTIFUL
LANDSCAPES**

RAPPELLING
BELAYING

CAMP IN THE
THE WILD

PADDLE &
SELF RESCUE



KAYAK N MORE



- The program has a medium difficulty level - slightly higher than the level on our on-campus programs
- 2 days each of kayaking, rock climbing and backpacking with an overnight trek
- We use both inflatable (duckies) and shell kayaks to make the experience varied and enjoyable
- The base camp is on the beautiful Lake Resort estate which has the largest water front amongst all venues in this region
- Rock climbing elements and a medium level trek with a night out make this a compelling multi-discipline program for young outdoor enthusiasts



11-14 year old as of 1st April, 2017
The group size is limited to 60



The camp has a resident doctor to attend to most needs. The closest hospital is in Kathgodam which is 24 km (40 minutes) away. Parents need to provide medical details at the time of registration.



Summer 2017
KN1 (12-14 yrs) 20 May-27 May
KN2 (11-13 yrs) 28 May-04 Jun



Total Rs. 36,500
Includes Rs 3,800 travel fee and 9% service tax.



Wholesome nourishing meals prepared by trained staff. Largely vegetarian with option of eggs for breakfast and non-vegetarian dinners 2-3 times on the program. Other than breakfast, lunch and dinner we provide snacks and refreshments are at appropriate times with emphasis on hydration.



From New Delhi Railway Station by Kathgodam Shatabdi Express. Kathgodam to camp is by jeeps (27 kms - approx. 1 hour). Arrival at camp by lunch. Outstation participants have to reach Delhi a day prior to departure. Inme can provide airport pick up and drop, meals and overnight accommodation facilities at an added cost.



Accommodation in Naukuchiyatal is in fixed tents with attached toilets. The toilets have hand faucets and flushes. Hot water is available for bath.



A Campus Chief with a team of trained outdoor instructors including lady instructors run the program. We maintain a 1:5 adult-child ratio.



A specific kit list of what to carry is provided at the time of registration.

Inme is India's leading life-skills development organization for children. We run outdoor and adventure based learning experiences for 9-17 year olds. We have six campuses across India that are designed to provide a safe learning environment to help children step out of their comfort zone, while under the care of trained instructors. Other than the on-campus programs we also offer 14 different expedition based (off campus) programs. Currently we work with more than 40 schools across India. Additionally, our open programs enjoy the confidence of over 5000 parents every year.

Inme is founded by alumni of XLRI, INSEAD and the armed forces who are behavioural science practitioners with over 20 years of experience in designing and delivering life skills development programs.