



Inme summer camps are outdoor and adventure-based camps set in nature that build confidence in a child.

Triple Trouble is a multi activity adventure in Rishikesh – White Water Rafting, Kayaking, and Ropes course (high). Participants raft a section of the Ganga. The module starts with a safety briefing, class in hydrology followed by safety drills before taking on the rapids! Kayaking takes the group on an expedition to Beas Ghat where they set up camp on the beach and do a night out. The ropes course contains challenging and thrilling high elements.



Code	Age-Group	Departure	Arrival
TT1	14-17 yrs	16 May	23 May
TT2	14-17 yrs	23 May	30 May
TT3	14-17 yrs	30 May	06 June
TT4	14-17 yrs	06 June	13 June
TT5	14-17 yrs	13 June	20 June

Cost: Rs. 49,900



CAMPUS AND AREA

Our stunning forest campus, Camp Aquaterra, is located in the main Upper Ganga valley, 30 kms from the rafting capital of India, Rishikesh.

Nestled amidst pine and oak forests, the campus provides a complete outdoor experience with options for white water rafting, kayaking and ropes courses.



TRAVEL

From Delhi:

Departure: 06:00 am (report by 5:15 am)
New Delhi Airport, Terminal 2 Bus parking. Travel in an AC bus to camp. Arrival at campus by lunch.



Return to Delhi:

Arrival: 10:00pm at New Delhi Airport, Terminal 2 Bus parking.

Outstation Participants

Fly into Dehradun to join the program.

WEATHER

Temperatures range from 22°C to 35°C. Afternoons tend to get a little hot.

We manage activity time to make sure participants are indoors during peak afternoons.



ACCOMMODATION

Participants stay in fixed tents. Separate accommodation for boys and girls.



TOILETS

Western toilets with hand faucets and flushes. Hot water can be provided for bathing.



INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio.

Instructors include a mix of female and male instructors. All instructors are experienced and certified outdoor experts.

A resident doctor is available at all times at the campus.



FOOD

Wholesome nourishing meals are provided. The food is largely vegetarian with non-veg served 2-3 times on the program. Other than breakfast, lunch and dinner we provide snacks and refreshments at appropriate times with emphasis on staying hydrated. There is variety and we take care of both taste and nutrition in planning the menu.



FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



DAY WISE SCHEDULE

- Day 1** **WELCOME** Arrive at inme Rishikesh campus by lunch. Campus introduction, orientation and settling in. Icebreakers help participants get to know each other.
- Day 2** **WATER AND ROPES** Start rafting from ATA Shivpuri and end at NIM. After lunch, hit the ropes course and tackle some challenging elements.
- Day 3** **HIT THE RAPIDS** Take on the rapids, learn self-rescue and safety management techniques such as flip drill and how to guide the raft. Post lunch, continue with high elements of the ropes course.
- Day 4** **IN YOUR KAYAKS** Trek to a nearby village and get an understanding of the local culture of the place. Post lunch, start with introduction to kayaking, and paddle down from Silver Sands to Gular Bridge.
- Day 5** **UNDER THE STARS** Leave for Devprayag to start the kayaking mini-expedition from Devprayag to the fantastic beach at Beas Ghat, North India's most famous fishing spot! Camp overnight and enjoy the beach campfire.
- Day 6** **PADDLE ON** Kayak 15 kms in the remote part of the upper Ganga gorge till Kaudiyala to finish the kayak expedition.
- Day 7** **HELTER SKELTER** It's time for the inme Olympics! At night the participants get to showcase their talent in the Talent Night!
- Day 8** **HOMEWARD** A final de-brief and reflection session is held in the morning. Post lunch, leave the campus. Arrival by 10:00 pm at New Delhi Airport Terminal 2 Bus parking.

