



Inme summer camps are outdoor and adventure-based camps set in nature that build confidence in a child. The Tons explore program is a week-long experience run at our riverside Tons campus in the middle of a pine and oak forest.

In 2021 summer, this program will have limited capacity. And all participants will take part in the adventure activities under the care of trained outdoor instructors.

Everyone does White Water Rafting. Second activity is selected from Mountain Biking or Backpacking. Along with adventure activities, the program provides a varied mix of campus games and initiative activities and community & social awareness.



Code	Age-Group	Departure	Arrival
TS	14-17 yrs	09 April	18 April
T1	13-15 yrs	17 May	26 May
T2	13-15 yrs	24 May	02 June
T3	13-15 yrs	31 May	09 June
T4	14-17 yrs	07 June	16 June
T5	14-17 yrs	14 June	23 June

Cost: Rs. 42,900



CAMPUS AND AREA

Our Tons campus is set on the banks of the Tons river and spread over 2 acres of land. The surrounding area is densely forested with pine, deodar, oak, chestnut and rhododendron. Rock climbing faces, trekking and cycling routes have been created around the campus and the Tons river has excellent white water rafting stretches.

Location: 180 kms from Dehradun, Uttarakhand.



TRAVEL

From Delhi:

Departure: 7:00 pm (report by 6:15 pm)
New Delhi Airport, Terminal 2 Bus parking. Travel in an AC bus till Paonta Sahib. Onwards to campus by non-AC bus. Arrival at campus by breakfast.

Return to Delhi:

Arrival: 5:30 am at New Delhi Airport, Terminal 2 Bus parking.



Outstation Participants:

Participants taking a flight to attend an inme program can avail our airport pick and drop facilities at an add on cost of Rs 1000/- This does not include any overnight stay or boarding.

WEATHER

The summer temperatures range between 22°C to 34°C. Afternoons tend to get a little hot.



ACCOMMODATION

In Tents - separate for boys and girls. Usually 2-3 children stay in a tent, with camping mats and sleeping bags provided by us.



TOILETS

The campus has built up toilets and baths. Toilets have WCs and hand faucets. Baths have running water and fittings and hot water is provided.



INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio. Instructors include a mix of female and male instructors. All instructors are experienced and certified outdoor experts.

A resident doctor is available at all times on the campus.



FOOD

The campus has a fully functional kitchen. Wholesome nourishing meals are prepared by trained staff. The food is largely vegetarian with non-veg served 2-3 times on the program. Other than breakfast, lunch and dinner, snacks and refreshments are served at appropriate times with emphasis on hydration.



FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



TYPICAL DAY ON THE PROGRAM

- 6:00 am** **Wake Up:** Enjoy a hot cup of milk/tea/coffee with biscuits.
- 7:00 am** **Elastic Limbs:** Power up for the day!
- 8:00 am** **Breakfast:** Enjoy delicious breakfast to gain energy.
- 9:00 am** **Wonderful Outdoor World (WOW)**
Participants do the selected outdoor activity. 3 days are dedicated to each activity.
- 1:00 pm** **Lunch:** Nutritious and much needed lunch awaits the adventurers once they return to the campus after their outdoor experience.
- 1:30 pm** **Free Wheeling Time** to freshen up and relax.
- 2:30 pm** **Cool Time**
Participants engage in different activities focussed on action, awareness and attitude. A mix of fun and learning activities takes the program experience beyond outdoors and adventure.
- 5:00 pm** **Tea Time:** Milk, tea and snacks up the energy levels.
- 5:30 pm** **Cool Time**
Continue with cool time with a change of activities. This time may also be used for activity de-brief, Group sharing sessions and personal reflection.
- 7:30 pm** **Soup Time**
- 8:00 pm** **Dinner:** The much-awaited dinner caps off a power packed day for all.
- 9:00 pm** **Lights off**
Get into your sleeping bags as the day's weariness starts to kick in. Slip into a golden-slumber and wake up fresh for another exciting adventurous day.

