

Inme camps are outdoor and adventure-based camps set in nature that build confidence in a child.

The Kedarkantha Snow Expedition is a high altitude (12,500 feet) trekking expedition in the Garhwal Himalayas in North India. Participants learn the basics of a snow trek, self-rescue techniques and snow route creation during the expedition.

This is a self-contained expedition where participants pitch their own tents to set up camp at a different location every day, cook their own food and manage resources and share responsibilities.

The trekking route meanders through snow covered meadows and pine & oak forests. The trek has a gradual climb with beautiful camping spots in the middle. The Kedarkantha peak offers a spectacular panoramic view of the Himalayas



Code	Age-Group	Departure	Arrival
KESW1	14-17 yrs	24 Dec '22	02 Jan '23

Cost: Rs. 49,900; Winter Special: Rs. 44,900



CAMPUS AND AREA

Har-ki-Doon area in Uttarakhand. The start point is Sankri, a village ahead of Netwar where the rivers Rupin and Supin meet to form the Tons. Our Tons campus (25 km from Sankri) serves as the base camp to prepare, pack and acclimatize. Our Tons campus is near village Mora in Uttarakhand, 180 km from Dehradun. The largest nearby town is Purola (40 km way)



TRAVEL

From Delhi:

Departure: 7:00 pm (report by 6:15 pm)
New Delhi Airport, Terminal 2 Bus parking. Travel in an AC bus with push back seats. Please note AC will be switched off once the hill road starts.



Return to Delhi:

Arrival: 5:30 am at New Delhi Airport, Terminal 2 Bus parking.

Outstation Participants:

Participants taking a flight to attend an inme program can avail our airport pick and drop facilities at an add on cost of Rs 2000/- This does not include any overnight stay or boarding.

WEATHER

At the Tons campus, temperatures range from 10°C to 24°C during this period. Once the group starts the expedition, they experience colder conditions where night temperature can even go to zero degrees or below. The sleeping bags provided are adequate for the weather. Participants must pack personal items as per the kit list.



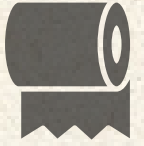
ACCOMMODATION

Inme Tons campus has a separate area allocated for the Kedarkantha group. On the expedition, participants pitch tents to set up camp at a different location every day. 3 person tents (provided by inme) are allotted to a group of two participants.



TOILETS

There are no fixed toilets and baths on the trek. We carry a portable toilet tent with us to ensure participant privacy and safety. However, there is no provision for a bath on the trek. The inme campus has built up toilets and baths with hot water.



INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio. Instructors include a mix of female and male instructors. An instructor trained as a wilderness medic will accompany the children on the trek.



FOOD

On the expedition, the group carries its own rations and cooks its own meals. Participants are given a nutritional trail mix, which is refilled regularly. The group is involved in planning its meals and selecting the items – all part of the learning.



The Tons campus has a fully functional kitchen run by experienced staff members. The food is largely vegetarian with non-veg served 2-3 times on the program. There is variety and we take care of both taste and nutrition in planning the menu.

FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercise a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



DAY WISE SCHEDULE

- Day 1** **DEPARTURE** at 7:00 pm from New Delhi Airport Terminal 2 Bus parking.
- Day 2** **SETTLING IN** Arrival at inme Tons campus by breakfast. Settle in and get to know your instructors and other participants. Tent pitching and basic camping skills.
- Day 3** **ACCLIMATIZATION, PLAN & PREPARE** A short but strenuous trek helps participants prepare for the challenge. After returning to the camp the group prepares and packs for the expedition. Post lunch the group will go for another short trek. Evening is spent relaxing around the bonfire.
- Day 4** **STARRY STARRY TREK** Leave early morning by jeeps for Sankri (1 hour drive) to begin the trek. Trek through rocky terrain and meadows to reach Juda ka Talab (9,500 ft.). Pitch tents and set up camp. First night under the stars!
- Day 5** **SNOW WALKING** The day is spent at Juda Ka Talab learning different techniques like snow walk, self-rescue in the snow, creating snow routes. The group will also do an acclimatization trek to get used to the altitude.
- Day 6** **SNOW ROUTE CREATION** Continue trekking to reach the base camp (12000 ft.). The Kedarkantha peak can be seen from this point. Pitch tents and do activities around the camp in the evening.
- Day 7** **SUMMIT** Start the day early to summit Kedarkantha (12500 ft.). Conquer the peak! Trek down and camp out at Juda Ka Talab.
- Day 8** **INME CAMP** Reach Sankri by noon and then return to inme Tons campus by lunch. Rest and bathe! Special dinner to mark the success of the expedition!
- Day9** **HOMEWARD** Leave campus post lunch
- Day 10** **HOME** Arrive in Delhi by 5:30 am. New Delhi Airport, Terminal 2.

