



Inme summer camps are outdoor and adventure-based camps set in nature that build confidence in a child.

Coorg on Wheels is a cycling expedition through the lush green jungles of Coorg. The expedition starts at our Coorg campus where participants acclimatize and gear up for the challenge. This is a self-contained expedition where participants pitch their own tents to set up camp at a different location every day, cook their own food and manage resources and share responsibilities. The group cycles during the morning hours and sets up camp by lunchtime. The expedition includes a hike to Thadiyandamol - the highest peak in Coorg.

A safety jeep carrying supplies, sleeping bags, tents etc. moves with the group. The expedition focuses on developing teamwork skills and teaches responsibility towards self, others and the environment.



Code	Age-Group	Departure	Arrival
CW1	15-17 yrs	09 April	16 April
CW2	13-15 yrs	16 April	23 April
CW3	15-17 yrs	23 April	30 April

Cost: Rs. 39,900



CAMPUS AND AREA

The expedition starts from the inme campus at Coorg. The largest nearby town is Virajpet, 27 kms from camp.

Coorg is known for its bio-diversity and has an amazing green cover with thick canopies of a tropical jungle. Parts of the Coorg ecosystem are tagged as 'one of the hot-spots of biological diversity' by UNESCO.



TRAVEL

From Bengaluru:

Departure: 06:00 am (report by 5:15 am)
Army Public School, Kamaraj Road, Bengaluru, by luxury AC buses. Arrival at campus by lunch.



Return to Bengaluru:

Arrival: 10:30 pm at Army Public School, Kamaraj Road, Bengaluru.

Outstation participants Fly into Bangalore a day before the departure date. Inme provides airport pick up and drop service, meals and overnight accommodation at an added cost of Rs. 5000.

WEATHER

Summer temperatures range from 20°C to 30°C. Mornings and evenings are very pleasant.



We may experience some rainfall during this period.

ACCOMMODATION

The program starts out from and ends at the inme campus at Coorg. During the expedition, participants pitch their tents to set up camp at a different location every day. 3-person tents (provided by us) are allotted to a group of two participants. A jeep carrying tents, sleeping bags, mattresses, cooking utensils and food materials moves with the group.



TOILETS

There are no fixed toilets and baths on the expedition. We carry a portable toilet tent with us to ensure participant privacy and safety. However, there is no provision for a bath on the expedition.



The inme Coorg campus has built up toilets and baths with hot water.

INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio.

Instructors include a mix of female and male instructors. An instructor trained as a wilderness medic will accompany the children on the trek.

A resident doctor is available at all times on the Coorg campus.



FOOD

On the expedition, the group carries its own rations and cooks its own meals. Participants are given a nutritional trail mix, which is refilled regularly. The group is involved in planning its meals and selecting the items – all part of the learning.



The Coorg campus has a fully functional kitchen run by experienced staff members. The food is largely vegetarian with non-veg served 2-3 times on the program. There is variety and we take care of both taste and nutrition in planning the menu.

FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend 30 minutes of cycling a few weeks before the departure date to gain the flexibility and agility needed to truly enjoy the experience. If cycling is not possible then a little jogging, stretching and exercising. Do this wearing the shoes you want to carry for the program—it'll help break into them.



DAY WISE SCHEDULE

- Day 1** **WELCOME** Departure from Bengaluru at 6am. Reach Coorg campus by lunch and settle in. Program orientation and expectation setting.
- Day 2** **UNDERSTAND** Begin the day with introduction to the equipment, cycles, safety gear and safety briefing. Cycle around the campus and go through an obstacle course to enhance riding skills. Plan and pack for the expedition.
- Day 3** **EXPLORE** Start the expedition by cycling off-road till Vadu Pass, a 2 km uphill trail followed by 4 km off-road downhill. Continue cycling to reach Kabbe Mott where the group stops for lunch and sets up camp. Pitch tents, participate in activities around the camp and cook the first meal of the expedition!
- Day 4** **PEDAL ON** Start the day with hot tea/coffee and nutritious breakfast, pack the tents and head out to get on the challenging slopes of the expedition. Cycle past the Kabbinkad Junction and visit the Nalaknad Palace, and camp in the Palace Grounds. Another night under the star studded sky!
- Day 5** **HIT THE BLACK MAT** Cycle to the base of the highest peak in Coorg- Thadiyandamol, and head towards the forest guesthouse to set up base camp for the summit. The group cycles for approximately 20 km on black metal road.
- Day 6** **SUMMIT** Walk up to the summit of Thadiyandamol, and get a spectacular view of the surroundings. Last night camping under the stars!
- Day 7** **INME CAMP** Cycle a total of 20 km crossing Nalaknad Palace to reach Coorg campus. A relaxed evening, camp games and delicious food to celebrate the success of the expedition!
- Day 8** **HOMEWARD** Post early lunch, program closure, and feedback the group leaves for Bengaluru. Arrival at 10:30 pm, Army Public School.





KITLIST

Follow this list strictly - Over or under-packing is not recommended as it will impact the comfort, safety and overall program experience.

BASIC CLOTHING

- 7-8 T-Shirts (3 quick dry)
- 1 Sweatshirt - Full sleeves and warm
- 3 Pair shorts (quick dry)
- 2 Track pants (1 warm)
- 7-8 pairs Socks
- 1 Towel - quick dry
- 1 cap / sun shade
- Undergarments - sufficient
- Disposable Face masks - sufficient



PACKING

- Limit to one piece of luggage.
- You are expected to carry your own bag during transfers.
- Pack everything in a rucksack or duffle bag with straps (No wheels)
- Do not pack in a suitcase or stroller.



FOOTWEAR

- 1 pair Comfortable rubber soled shoes in good condition. Must be worn in, not new.
- 1 pair floaters - Strapped footwear usable in wet condition. Not Crocs, Flip-Flops or leather sandals.



WARM / WOOLLEN / WATER RESISTANT ITEMS

- 1 Fleece jacket - regular one used in winter
- 1 waterproof jacket
- 1 warm cap



BIKING RELATED ITEMS

- 2 pairs of padded biking shorts
- 1 pair of knee and elbow guards
- 1 pair of biking gloves



OTHER ITEMS

SLEEPING BAG

- Though we provide sleeping bags to all, please note these are store issued and used by previous participants.
- We clean and sun them but you may prefer to carry your own sleeping bag. In case you wish to carry your own sleeping bag, we recommend one that is rated suitable for temperatures of 10°C. (Quechua - Forclaz is an option).
- If you want to use our sleeping bags, we recommend you carry a polyester sleeping bag liner.



- Personal Toiletries - Must include hand sanitizer, soap/shower gel, sun screen (SPF 40+), lip balm, cold cream & mosquito repellent.
- A pair of sunglasses - should cover the eyes completely.
- A torch or headlamp (bring spare batteries)
- Medicines, if you are under treatment (provide details with medicine name in the medical form)
- Extra pair of spectacles in case you use them (contact lenses not recommended).
- Water bottle - at least 1 litre capacity. Avoid thermoses with glass inner.
- Small Knapsack/ Day pack to carry your personal items with you.



LIMITED MONEY, IF YOU WISH

- Inme takes care of all needs from the time we take charge of the participants, so no money is needed for meals, incidentals or kit items.
- We do have a store on the campus and participants may like to buy memorabilia like T-shirts, caps, keychains etc. However, do not carry more than Rs 2500.
- Do note that participants are responsible for the same unless it is handed to the Instructor/Course Leader to be deposited in the campus safe.

INME YOUREKA MERCH STORE

- Shop for Inme Youreka T-shirts and Hoodies from the merch store. New designs and classics available!
- To buy go to: www.inmeyourekamerch.com
- Avail 10% discount on the merch by using coupon code **backoncamp**

NO JEWELLERY / EXPENSIVE CLOTHES / GADGETS

- Do note that on outdoor and campus based programs there are many opportunities to lose and damage things. Inme does not take responsibility of any item like jewellery, gadgets or expensive clothes.
- Participants may carry a camera that they can take care of themselves.



Please understand that we do not want you to purchase things unnecessarily. However, for an outbound program, some of these items are essential. You can get all of the above mentioned things in stores like Decathlon and other online sellers. Most items should last and serve you a longer time in the outdoors!