



Inme summer camps are outdoor and adventure-based camps set in nature that build confidence in a child. The Bhillar explore program is a week long experience run at our Bhillar campus. The program provides a mix of adventure and learning to open a child's mind to do things they could not imagine.

Bhillar Explore is a week-long program that provides a mix of adventure and learning to open a child's mind to do things they could not imagine. All participants will take part in adventure activities under the care of trained outdoor instructors.

Participants select one from the these activity combinations- (a) Rock Climbing & Backpacking, (b) Ropes Course & Outdoor Survival.

Apart from outdoor activities, participants engage in activities that include community service, environmental awareness or village visits.



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Code	Age-Group	Departure	Arrival
BE1	12-14 yrs	08 May	14 May
BE2	12-14 yrs	14 May	20 May

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**Cost: Rs. 39,900**



## **CAMPUS AND AREA**

Our campus is set in the Satara district of Maharashtra. Surrounded by strawberry farms, the campus has natural basalt caves around. There are great opportunities to enjoy trekking, rock climbing and ropes course.



Location: 12 kms from Panchgani, Maharashtra.

## **TRAVEL**

### **From Mumbai:**

Departure: 06:00 am (report by 5:15 am)

Arrival: 09:30 pm.

Don Bosco Church. near Don Bosco school, Matunga. By luxury AC buses.



### **Outstation participants**

fly into Pune to join the program. Inme provides airport pick up & drop service and meals.

## **WEATHER**

The summer temperatures range between 22°C to 34°C. Afternoons tend to get a little hot. We may experience some rainfall during this period.



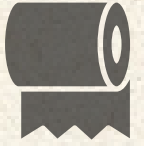
## **ACCOMMODATION**

In Tabins and Dormitories - separate for boys and girls. Usually, 4-5 children stay in a tabin and 4-15 stay in dormitories, with mattresses and blankets provided by us.



## **TOILETS**

The campus has built up toilets and baths. Toilets have WCs and hand faucets. Baths have running water and fittings and hot water is provided.



## **INSTRUCTORS & MEDICAL SUPPORT**

1:6 instructor to child ratio.

Instructors include a mix of female and male instructors.

A resident doctor is available at all times on the campus.



## **FOOD**

The campus has a fully functional kitchen. Wholesome nourishing meals are prepared by trained staff. The spread is largely vegetarian with option of eggs for breakfast and non-vegetarian dinners 2-3 times on the program. Other than breakfast, lunch and dinner, snacks and refreshments are served at appropriate times with emphasis on hydration.



## **FITNESS & PREPARATION**

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure date to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



## TYPICAL DAY ON THE PROGRAM

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<b>6:00 am</b>	Wake Up: Enjoy a hot cup of milk/tea/coffee with biscuits.
<b>7:00 am</b>	Elastic Limbs: Power up for the day!
<b>8:00 am</b>	Breakfast: Enjoy delicious breakfast to gain energy.
<b>9:00 am</b>	Wonderful Outdoor World (WOW) Participants do the selected outdoor activity in their activity groups.
<b>1:00 pm</b>	Lunch: Nutritious and much needed lunch awaits the adventurers once they return to the campus after their outdoor experience.
<b>1:30 pm</b>	Free Wheeling Time to freshen up and relax.
<b>2:30 pm</b>	Cool Time Participants engage in different activities focussed on action, awareness and attitude. A mix of fun and learning activities takes the program experience beyond outdoors and adventure.
<b>5:00 pm</b>	Tea Time: Milk, tea and snacks up the energy levels.
<b>5:30 pm</b>	Cool Time Continue with cool time with a change of activities. This time may also be used for activity de-brief, Group sharing sessions and personal reflection.
<b>7:30 pm</b>	Soup Time
<b>8:00 pm</b>	Dinner: The much-awaited dinner caps off a power packed day for all.
<b>9:00 pm</b>	Lights off Get into your sleeping bags as the day's weariness starts to kick in. Slip into a golden-slumber and wake up fresh for another exciting adventurous day.

