



KITLIST

Follow this list strictly - Over or under-packing is not recommended as it will impact the comfort, safety and overall program experience.

BASIC CLOTHING

- 6-7 T-Shirts
- 3 pairs Shorts
- 2 Sweatshirt - Full sleeves and warm
- 3 Track pants
- 7-8 Pairs Socks
- 1 Towel - quick dry
- 1 Cap / sun shade
- Undergarments - sufficient
- 1 pair of night clothes



WARM / WOOLLEN / WATER RESISTANT ITEMS

- 1 warm jacket - full sleeved
- 1 Wind and rain proof jacket
- 1 warm cap



OTHER ITEMS

- Personal Toiletries - Must include hand sanitizer, sun screen, soap/ shower gel lip balm, cold cream & mosquito repellent.
- A pair of sunglasses - should cover the eyes completely.
- A torch or headlamp (bring spare batteries)
- Medicines, if you are under treatment (provide details with medicine name in the medical form).
- Extra pair of spectacles in case you use them (contact lenses not recommended).
- Water bottle - at least 750ml capacity. avoid thermoses with glass inners



FOOTWEAR

- 1 pair Comfortable rubber soled shoes in good condition. Must be worn in, not new.
- 1 pair Hiking Sandals - Strapped footwear usable in wet condition. Not Crocs, Flip-Flops or leather



SLEEPING BAG

- Though we provide sleeping bags to all, please note these are store issued and used by previous participants.
- We clean and sun them but you may prefer to carry your own sleeping bag. In case you wish to carry your own sleeping bag, we recommend one that is rated suitable for temperatures of 10°C. (Quechua - Forclaz is an option).
- If you want to use our sleeping bags, we recommend you carry a polyester sleeping bag liner.



PACKING

- Limit to one piece of luggage. Do not pack in a suitcase or stroller.
- You are expected to carry your own bag during transfers at the station and the camp.
- Pack everything in a rucksack or duffle bag with straps (No wheels)
- Small Knapsack/ Day pack (school bag types) to carry your personal items with you.



LIMITED MONEY, IF YOU WISH

- Inme takes care of all needs from the time we take charge of the participants, so no money is needed for meals, incidentals or kit items.
- We do have a store on the camp and participants may like to buy memorabilia like T-shirts, caps, keychains etc. However, do not carry more than Rs 2500.
- Do note that participants are responsible for the same unless it is handed to the Instructor/Course Leader to be deposited in the camp safe.

INME YOUREKA MERCH STORE

- Shop for Inme Youreka T-shirts and Hoodies from the merch store. New designs and classics available!
- To buy go to: www.inmeyourekamerch.com
- Avail 10% discount on the merch by using coupon code backoncamp

NO JEWELLERY / EXPENSIVE CLOTHES / GADGETS

- Do note that on outdoor and camp based programs there are many opportunities to lose and damage things. Inme does not take responsibility of any item like jewellery, gadgets or expensive clothes.
- Participants may carry a camera that they can take care of themselves.



Please understand that we do not want you to purchase things unnecessarily. However, for an outbound program, some of these items are essential. You can get all of the above mentioned things in stores like Decathlon and other online sellers. Most items should last and serve you a longer time in the outdoors!