



karwar

TO GET THE BEST OUT OF THE EXPERIENCE, PARTICIPANTS AND THEIR PARENTS MUST READ THIS DOCUMENT. THIS WILL HELP IN SETTING THE RIGHT EXPECTATIONS AND IN PREPARING FOR THE PROGRAM.

- OVERVIEW OF INME ON CAMPUS PROGRAMS
- KARWAR – AREA AND TRAVEL INFORMATION
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INME ON CAMPUS PROGRAMS GENERAL OVERVIEW

6-day long experience where participants are on a selected campus

Activities on and around the campus

Participants experience 2 outdoor (WOW) activities on the program.

Afternoons have COOL Time which builds interests, awareness and learning around skills of teamwork, planning, leading, adapting etc.

Evening spent on other fun, games, informal activities and camp games and group tasks and challenges.

Please note that COOL Time activities are dependent on the campus, weather conditions, logistics and resource available – we assure variety and a different activity, engagement and experience with some learning value each day

Stay is on the campus itself that has tented accommodation and toilet facilities

A team of instructors, a doctor and administrative staff under a Campus Chief help deliver the program

Schedule of a typical day on an On Campus Program is given below:

6:30 am	Wake up
7:00 am	Elastic Limbs (fun way to stretch and wake up!)
7:45 am	Breakfast
8:15 am to 12:45 pm	WOW (The outdoor/adventure activity)
1:00 pm	Lunch
2:15 pm to 4:30 pm	COOL Time
4:45 pm	Tea
5:15 pm to 7:30 pm	COOL Time
8:00 pm	Dinner
9:15 pm	Slumber Time

Area & Travel

- General Area** The campsite is nestled in a 5-acre mangrove wooded forest on the banks of River Kali.
The largest town nearby is Karwar, 10 kms from camp.
Specially designed as an eco friendly campsite, care has been taken to preserve the highly endangered flora and fauna. The area has great river kayaking opportunities and rock climbing site.
- Travel** We travel by luxury AC buses from Goa Airport to camp. The journey is 120 kms long and takes approximately 4 hours with snack break.

Accommodation & food

- Accommodation** Participants stay in tents and sleep in sleeping bags. Usually 5-6 participants share one tent. Separate tent areas are allocated for boys and girls.
- Toilets** Toilets are built structures with WCs and hand faucets. They are a short walk from the tents.
Baths have running water and fittings. Hot water, if needed, is provided by buckets.
There are separate toilets and baths for boys and girls.
- Food** Food is largely a vegetarian fare with chicken served 2-3 times (usually dinner) on a program. There is variety and we take care of both taste and nutrition in planning the menu. There are no limited portions and participants are encouraged to eat well. Milk, Tea and Coffee are served every morning and evening and non-aerated flavored drinks and filtered water is provided at all times to keep participants hydrated.

Weather

Weather Autumn temperatures range from 25 – 32 C. Mornings and evenings are quite pleasant and afternoons sometimes can get hot.

We may face occasional showers – sometimes this requires rescheduling of activities.

Activities

Activities - WOW River Kayaking and Rock Climbing

Activities - COOL These depend on the availability of resources to conduct them, the logistics and the weather. On this campus these could include Rifle Shooting, Little Circus, Kite Flying, Music and Art based large group activities, Village Interactions, Helter Skelter, Nature Walks and a series of Initiative and Teamwork games.

Eligibility, Registration & Program fee

Eligibility The program is open to participants who are 12-14 years of age as on October 1, 2017.

Registration To apply, participants need to fill the registration form and submit the hard copy of the form to us along with the program fee.

The registration form includes a consent form that needs to be signed by the parent. Participants also need to agree to and sign a code of conduct that they have to follow on camp.

Program Fee	Program fee	Rs 26467
	Travel cost	Rs 4000
	Tax	Rs 1523
	Total	Rs 31990

Payments & Cancellation Payments can be made by cheques or drafts in favour of **INME LEARNING PVT LTD**. We also accept online payments on our website and accept credit cards and cash at our office only.

Cancellation There is a cancellation charge of Rs. 5000 up to 15 days before the departure date. Thereafter, a 75% refund of total fee up to 10 days to departure, 50% refund till 5 days to departure, and no refund if the departure is less than 5 days away.

Fitness & Preparation for the Karwar program

Preparation Though the program is not physically demanding, it is a good idea for participants to have some flexibility, agility and stamina to enjoy the activities and challenges. Some stretching & flexing exercises, and jogging for 30 minutes a day, starting 2 weeks before the program is recommended.

Communication with participants during the program

Communication protocol You will not be able to call your child during the program.

We will update our Facebook page (www.facebook.com/inme.in) twice a day. We will also try and upload 1-2 photos from the program as and when we receive them.

You can download the inme app to view the updates and photographs on your phone.

Please note that uploading photographs is not a promise or commitment and is dependent on the phone and net connectivity which is poor in the region. Also, the photos may not feature your child or all participants. The photographs are indicative to help you know all is well.

Kit List, what and what not to carry

Please pack according to the kit list mentioned below. The program is run in the outdoors and it is important that your child carries the right clothing to be comfortable and safe.

Inme is not responsible for loss of any belongings carried by the child on the program. Each child is responsible for their own bags and materials.

- 6-7 t-Shirts
- 1-2 sweat shirts
- 2-3 shorts
- 2-3 track pants
- Undergarments (sufficient)
- Towel
- 3-4 pair socks
- Shoes (rubber soled and in good condition, should not be new)
- Waterproof sandals / floaters
- A light pullover
- A jacket (preferably rainproof)
- Your toiletries
- Sun screen & mosquito repellent
- A torch (spare batteries)
- A cap
- Medicines if you are under treatment
- Extra pair of spectacles in case you use them (we do not recommend contact lenses)
- Water bottle (ability to carry 1 liter of water, NOT a thermos)
- We recommend you carry your own sleeping bag. In case you do not, we will issue one on a returnable basis. However, do not expect brand new sleeping bags as these are reissued across programs.

Packing	<p>Limit to one piece of luggage. Please pack everything in a duffle bag or a rucksack. Do not pack in a suitcase.</p> <p>You are expected to carry your own bag during transfers at the stations and to and fro from the vehicle to the campus.</p>
Money	<p>Participants do not require to carry any money for their travel, stay or meals from the point inme takes charge and till they are handed back to the parents.</p> <p>However, we have a store on the campus that sells memorabilia like T-shirts, caps, key chains etc. and participants can carry a maximum of Rs 2500. Inme will not be responsible for any money lost or missing unless it is deposited in the camp safe on arrival.</p>
Mobile phones, Music players, electronic gadgets	<p>Not allowed. The program is designed to be in the wilderness and takes participants out of their comfort zone. Gadgets can be distracting and become a safety hazard. If carried, the gadget will be confiscated and can be taken back from our office at the end of the season.</p>
Cameras	<p>Participants may carry cameras. Onus on taking care against loss or damage is with them.</p>
Jewelry and expensive clothes	<p>Jewelry or expensive accessories are not recommended. For expensive or delicate clothes, please exercise your discretion. Inme will not be responsible for damage or loss of items.</p>