

TREK N RAFT

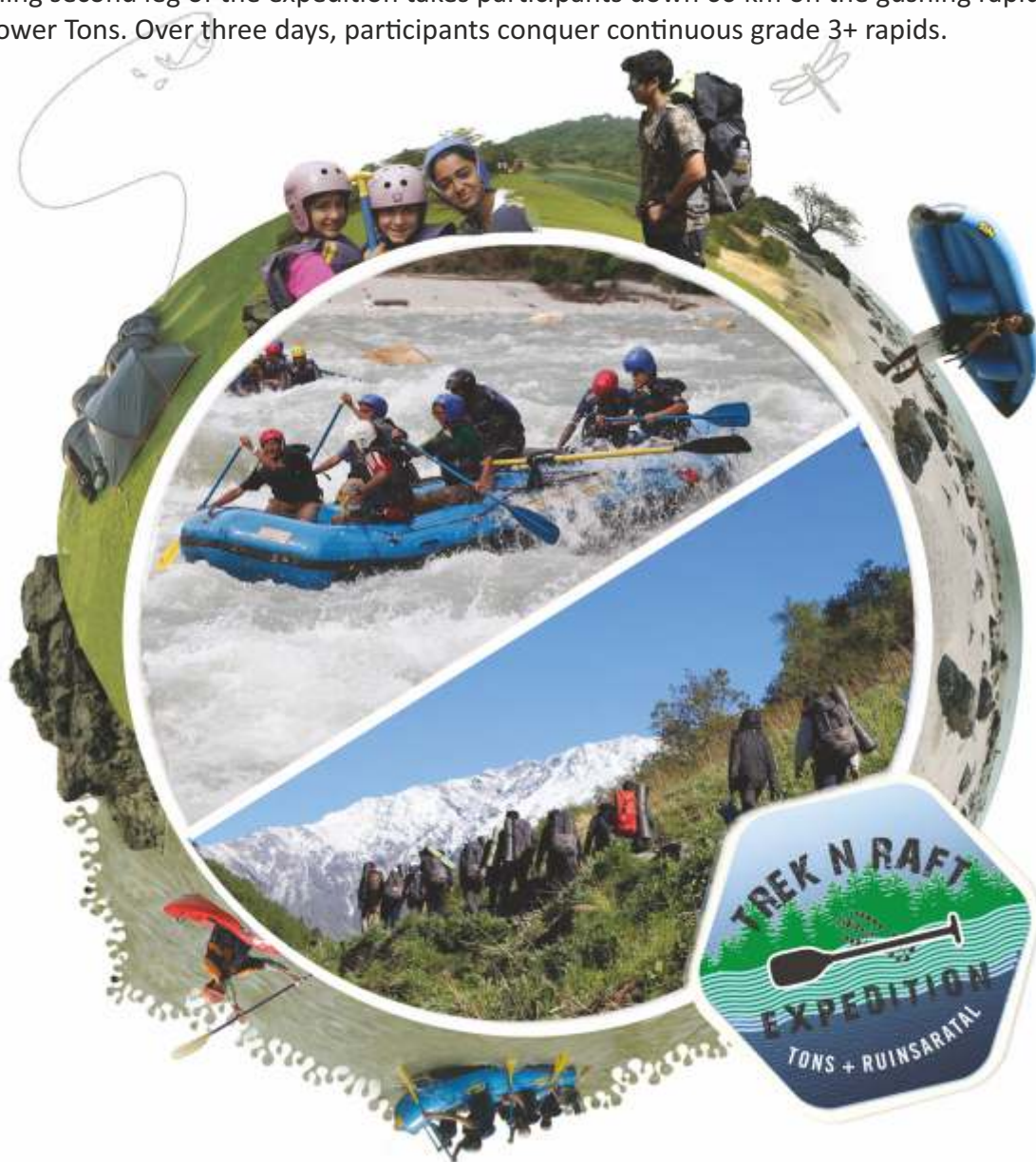
EXPEDITION



Trek n Raft is Inme's most challenging multi-adventure expedition. It combines trekking and rafting in an 11-day experience for those who want to redefine 'adventure'.

The first leg is a trek to the serene high altitude lake of Ruinsara Taal located amidst picturesque meadows and snow clad mountains. The group pitches its own tents at a new campsite everyday - in beautiful landscapes and *bugiyals* in the Har-ki-Doon area of Uttarakhand. Participants divide roles and responsibilities to manage all the planning, chores and cooking with the course leaders. They return to the Tons campus after five days of trekking.

The thrilling second leg of the expedition takes participants down 60 km on the gushing rapids of the mighty lower Tons. Over three days, participants conquer continuous grade 3+ rapids.



15
TO
17 YEARS

TREK TO
RUINSARA TAAL
RAFT
DOWN THE
LOWER TONS

HIGH
DIFFICULTY
11 DAYS

11,500 FT
ALTITUDE
60 KM
WHITE WATER

PILLOW TALK
THRICE BITTEN
DEADLY DEDSU
3+ GRADE
RAPIDS

GREEN
MEADOWS
BUGIYALS
GANGAR
SEEMA



TREK N RAFT EXPEDITION



- This program combines two expeditions - High altitude trekking & white water rafting
- The challenge level of this program is high
- Participants trek to Ruinsara Taal (11,500 ft) and raft the lower tones (60 km of white water).
- Safety is of paramount importance to us and we partner with Aquaterra Adventures (rated one of the leading operators in the world by National Geographic) to run the rafting leg of the program.
- Started in 2014, the expedition is very popular with 15-17 yr olds.
- All the children who have attended the program have rated it as Awesome and Fabulous!
- Early registration is recommended as we have only one program and run a small group.



15-17 year old as of 1st April, 2017
The group size is limited to 30



Summer 2017
TR1 (15-17 yrs) 15 May-28 May



Total Rs. 47,900
Includes Rs 6,200 travel fee and 9% service tax.



The starting point for the program is New Delhi Railway Station. We travel to Dehradun by AC 3 tier train and onwards to Tons campus in a convoy of non-AC buses. Outstation participants have to reach Delhi on the day of the departure. Inme can provide airport transfers, and arrange meals at an added cost.



An experienced expedition leader with a group of instructors (including ladies) will lead the group. We maintain a 1:5 instructor-child ratio.



During the expedition we have certified wilderness first aid responders as part of the instructor team.



The participants are expected to contribute and support with camp chores like setting up, cooking, collecting fire wood, cleaning and packing up as per "Leave No Trace" guidelines. On the expedition, the children and the instructors cook every meal together.



Other than the days on the inme campus which has fixed tents and toilets, on this expedition based program participants pitch their own tents to set up camp at different locations everyday. There are no fixed toilets and baths on the trek. Toilet tents are pitched in separate areas for boys and girls.



A specific kit list of what to carry is provided at the time of registration.

Inme is India's leading life-skills development organization for children. We run outdoor and adventure based learning experiences for 9-17 year olds. We have six campuses across India that are designed to provide a safe learning environment to help children step out of their comfort zone, while under the care of trained instructors. Other than the on-campus programs we also offer 14 different expedition based (off campus) programs. Currently we work with more than 40 schools across India. Additionally, our open programs enjoy the confidence of over 5000 parents every year.

Inme is founded by alumni of XLRI, INSEAD and the armed forces who are behavioural science practitioners with over 20 years of experience in designing and delivering life skills development programs.