

TRIPLE TROUBLE



Triple Trouble is an experience of a lifetime on the banks of the Ganga. It takes you on a unique adventure journey in the Rishikesh area of Uttarakhand. The program gets its name from the three adventure activities the group engages with - White Water Rafting, Kayaking and High Ropes Course.

Participants do multiple runs on the Ganga to master the rapids, learn river reading, basic guiding, and safety management with flip drills and self rescue. They kayak to Beas Ghat for an overnight expedition where they pitch camp on a beach under clear skies. The third activity is the challenging High Ropes Course we have at camp - till date, we have not had too many participants completing all the elements with ease.

Are you up for it?



14
TO
17
YEARS

RIVER READING
FLIP DRILLS
SELF RESCUE
MULTIPLE
RIVER RUNS

2 DAYS
30 KM **RAFT**
KAYAK **2 DAYS**
25 KM
2 DAYS
HIGH **ROPES**

PITCH
CAMP
ON
THE
BEACH

PADDLE &
SELF RESCUE
BOSUN'S CHAIR
HEEBI JEEBI
SWINGING LOG



TRIPLE TROUBLE



- This is a multi-activity expedition with medium level of difficulty.
- Safety is of paramount importance to us and we partner with Aquaterra Adventures (rated one of the leading operators in the world by National Geographic) to run this program.
- All river runs have safety protocol run by qualified instructors and safety kayaks.
- Multiple river runs take participants through grade 3 and 3+ rapids.
- First started in 2011, 750 participants have attend this program since then.
- Over 95% have given this rating of Awesome and Fabulous.
- The popular program usually sells out by March.



14-17 year old as of 1st April, 2017
The group size is limited to 60



a 1:5 adult-child ratio.
The camp has a resident doctor to attend to most needs. The closest hospital is in Rishikesh which is 24 km (40 minutes) away. Parents need to provide medical details at the time of registration.



Summer 2017
TT1 (15-17 yrs) 03 May-10 May
TT2 (14-16 yrs) 18 May - 25 May
TT3 (14-16 yrs) 30 May-06 Jun
TT4 (15-17 yrs) 06 Jun-13 Jun



Wholesome nourishing meals prepared by trained staff. Largely vegetarian with option of eggs for breakfast and non-vegetarian dinners 2-3 times on the program. Other than breakfast, lunch and dinner we provide snacks and refreshments are at appropriate times with emphasis on hydration.



Total Rs. 46,900
Includes Rs 6,800 travel fee and 9% service tax.



The program starts from New Delhi Railway Station. The group travels to Haridwar by Dehradun Shatabdi and onwards to the campus in buses/jeeps. Outstation participants have to reach Dehradun on the day of the departure.



Participants stay at our Rishikesh campus in fixed tents. There are fixed toilets with hand faucets and flushes. Hot water is available for bath. On the night out during the Kayak expedition, participants pitch camp on a beach.



A Campus Chief with a team of trained outdoor instructors including lady instructors run the proram. We maintain



A specific kit list of what to carry is provided at the time of registration.

Inme is India's leading life-skills development organization for children. We run outdoor and adventure based learning experiences for 9-17 year olds. We have six campuses across India that are designed to provide a safe learning environment to help children step out of their comfort zone, while under the care of trained instructors. Other than the on-campus programs we also offer 14 different expedition based (off campus) programs. Currently we work with more than 40 schools across India. Additionally, our open programs enjoy the confidence of over 5000 parents every year.

Inme is founded by alumni of XLRI, INSEAD and the armed forces who are behavioural science practitioners with over 20 years of experience in designing and delivering life skills development programs.